

SYCAA League 19/11/2017

Order & Timing of Events for Penistone Showground, XC League Fixture 2

No.	Age Group	Proposed Laps	Approx distance	Time	
1	Girls 8, 9,10	2 x Small Start – A – B – X – C – D – A – B – X – C – D – A – B – X – Finish	1500m	11.00	start
2	Boys 8, 9, 10	2 x Small Start – A – B – X – C – D – A – B – X – C – D – A – B – X – Finish	1500m	11.10	approx
3	Girls Under 13	1 x Small, 1 x Large Start – A – B – X – C – D – A – B – X – C – D – E – F – J – K – L – G – H – A – B – X – Finish	3100m	11.15	approx
4	Girls Under 15	1 x Small, 1 x Large Start – A – B – X – C – D – A – B – X – C – D – E – F – J – K – L – G – H – A – B – X – Finish	3100m	11.25	approx
5	Boys Under 13	1 x Small, 2 Medium Start – A – B – X – C – D – A – B – X – (C – D – E – F – G – H – A – B – X) x2 – Finish	3700m	11.35	approx
6	Boys Under 15	1 x Small, 1 x Medium, 1 x Large Start – A – B – X – C – D – A – B – X – C – D – E – F – G – H – A – B – X – C – D – E – F – J – K – L – G – H – A – B – X – Finish	3900m	11.50	approx
7	Ladies Under 17	1 x Small, 1 x Medium, 1 x Large Start – A – B – X – C – D – A – B – X – C – D – E – F – G – H – A – B – X – C – D – E – F – J – K – L – G – H – A – B – X – Finish	3900m	11.50	approx
	Ladies Over 17 & Men 65+	1 x Small, 1 x Medium, 2 x Large Start – A – B – X – C – D – A – B – X – C – D – E – F – G – H – A – B – X – (C – D – E – F – J – K – L – G – H – A – B – X) x2 – Finish	6100m	12.00	start
8	Men Under 17	1 x Small, 1 x Medium, 2 x Large, 1 Small Start – A – B – X – C – D – A – B – X – C – D – E – F – G – H – A – B – X – (C – D – E – F – J – K – L – G – H – A – B – X) x2 – C – D – A – B – X – Finish	6700m	12.30	start
	Men Over 17	1 x Small, 1 x Medium, 4 x Large Start – A – B – X – C – D – A – B – X – C – D – E – F – G – H – A – B – X – (C – D – E – F – J – K – L – G – H – A – B – X) x4 – Finish	10,500m	12.30	start

Small Lap

= (Start –) A – B – X – C – D – A

Medium Lap

= (Start –) A – B – X – C – D – E – F – G – H – A

Large Lap

= (Start –) A – B – X – C – D – E – F – J – K – L – G – H – A